

Activity Report

INSTITUTE	Parul Institute of Ayurved		
DEPARTMENT	Swasthavritta		
ACTIVITY TYPE	Fourth International day of Yoga		
DATE	21/06/2018	Duration	01days
SEMESTER	NA	No. of Professors	NA
EXPERT NAME WITH DESIGNATION	ShriNarsimha N Komar, IG, Telecommunications, Gandhinagar, Gujarat		
NAME OF ORGANIZATION	Parul Institute of Ayurved		
EXPERT CONTACT DETAILS	-NA-		
FACULTY COORDINATOR	Dr.AparnaBagul		
FACULTY CONTACT DETAILS	9016764181		
SPONSORING AUTHORITY	-NA-	Sponsorship amount:	-NA-

Activity Details: Fourth international day of Yoga

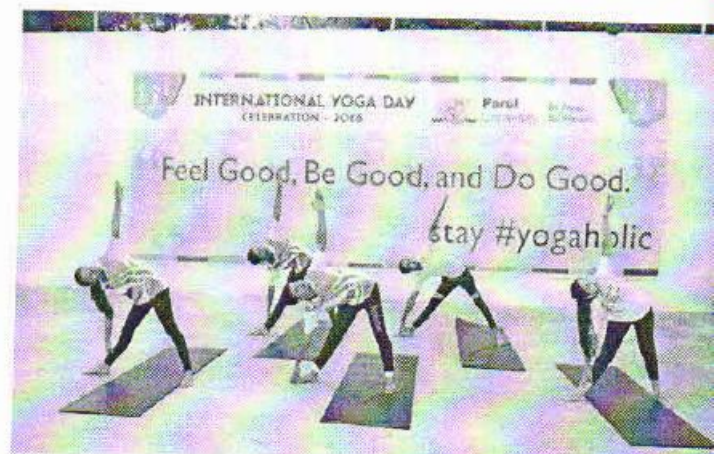
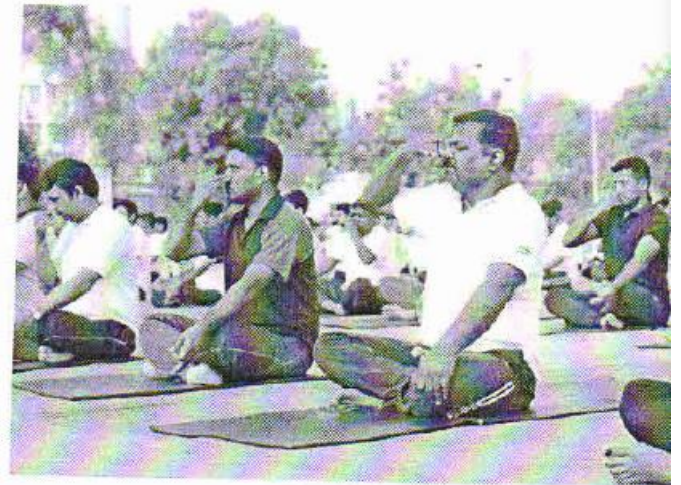
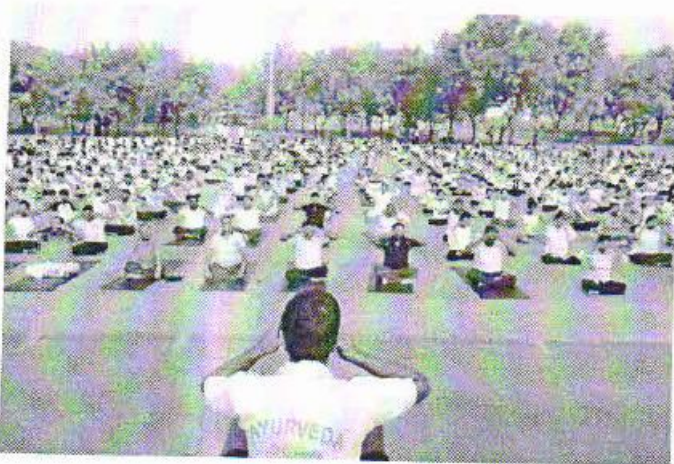
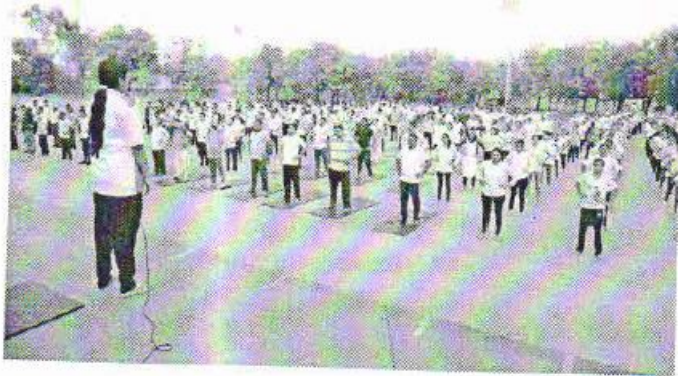
Details about the activity:

The fourth international day of yoga was organized by the dept of Swasthavritta, Parul Institute of Ayurveda on June 21, 2018 at 7 am. Mega yoga session inaugurated by Dr. Vijayakumar, Registrar, PU at the main ground, parul university campus with 1000 participants that include deputy registrar, dean and HOI of various institute of Parul university following the 'Common yoga protocol' that had been already been promulgated by CCRYN and dept. of Ayush, Govt.of India.

The second session includes elocution competition 'Is social media favouring drug addiction or its withdrawal?'

Outcome:

All the faculties of different fields along with their students get enriched and aware with the knowledge of Yoga.



Yoga sessions